

# Front Porch News

## Senior Health and Fitness Day

Green Hills will be celebrating Senior Health and Fitness Day on Wednesday, May 25<sup>th</sup> from 8 a.m.– 12 p.m. in Foundation Hall. There will be many vendors that will have information to support successful aging. You don't want to miss this event!

## Blood Drive

Green Hills Community Blood Drive  
Wednesday, May 11<sup>th</sup>  
1:30 p.m.- 5:30 p.m.

## Walking Trail

We will be starting Phase I, as the weather permits, this spring! This will be a wonderful addition to the many activities at Green Hills. If you would like to contribute towards Phase II, contact Nita at 650-7146 for a confidential conversation.

## Bazaar

We are still planning to have the Bazaar in October if there is enough interest. If you are interested in having a table, please let Nita know by May 27<sup>th</sup> at 650-7146.

## Upcoming Events In Foundation Hall

**May 5<sup>th</sup> at 6:30 p.m.**  
Bellefontaine M. S. Dazzlers

**May 7<sup>th</sup> at 2:00 p.m.**  
Children's Voice Recital

**May 9<sup>th</sup> at 7:00 p.m.**  
Mt Tabor Youth

**May 12<sup>th</sup> at 2:00 p.m.**  
Just Duets

**May 21<sup>st</sup> at 2:00 p.m.**  
RazzMaTazz Performers

**May 23<sup>rd</sup> at 2:30 p.m.**  
Kitchen Band Performance

**May 31<sup>st</sup> at 6:30 p.m.**  
Jim Herman One Man Band

## May Birthdays

Sara Boyd	Apartments	3
Roselle Kauffman	Inn	3
Donna Heminger	Apartments	4
Velma Kaiser	Apartments	4
Billie Miller	Apartments	7
Anna May Jenkins	Inn	7
Nancy Leonard	Homes	8
Maxine Dodds	Center	12
Betty Miller	Center	16
Frances Jordan	Center	16
Donald Davis	Center	16
Margie Horsley	Apartments	19
Betty Stemmer	Homes	20
Ruth Yoder	Homes	20
Marceline Leichty	Center	20
Mary Ann Guy	Inn	21
Eva Godsey	Apartments	21
John Anderson	Center	21
Shirley Linet	Inn	23
Molly Morris	Apartments	23
Doris Anderson	Apartments	24
Christina Brill	Center	26
Russell Davidson	Center	27
Mary Kay King	Homes	28
Roger Childers	Apartments	29
Ethel Mitchell	Center	30



Pastor Cheryl  
Siegenthaler  
*Chaplain*

## My Cup Runneth Over

At last week's chapel worship we conducted a memorial service during which we recited Psalm 23. The words "my cup runneth over" appropriately describes Green Hills and my time here. Through the years many residents have blessed this place with their gifts and their presence and me with their friendship. I think of musicians Kate, George, Don, and Faye. Who could forget Harriet who took notes during chapel, or Harold who would pose some theological question following a sermon? I remember Millie who tatted, Lois who crocheted, Carolyn who embroidered, and Marcine who did it all.

Mondays usually included joke telling by Paul and political debates with Karl. Always ready to be chapel usher was Eleanor and quick with a Halloween costume (we all eagerly awaited) was Betty. Milly and Bus never missed their daily constitutions around the halls. And there was Eleanor who stood up for forgiveness in a local crime and Leah who extended grace. The cup that is Green Hills overflows because of a legacy of people still sharing their gifts and talents exists here. Residents watch out for others just as any Neighborhood Watch would do. And learning continues to take place with a steady stream of participants in water exercise, Bible studies, and book club. The recent Volunteer Recognition luncheon showed just how many of our volunteers are residents themselves. So many people will carry on (just check out the Bakery Bunch who carry on all the time).

For months I have been wrestling with the next big thing in my life, sensing a tug from God that there is something else to do. Paul Tillich, a biblical scholar and philosopher, wrote "God is present in the force that makes us restless." In my restlessness, I thought perhaps it was a new call or a reconfiguration of my present call, but that was not the case. While I will remain as pastor of Philadelphia Lutheran, the next big thing happens to be-- retirement. Who knew? So I finally am able to take those books off the shelf I've been wanting to read, those needlework projects I've wanted to work on during a quieter time, and to continue some course work in ministry. Now that restlessness has turned into anticipation, and I look forward to it with glee.

So, I will leave you with Paul's encouragement to the church at Philippi: "Only, live your life in a manner worthy of the gospel of Christ, so that, whether I come and see you or am absent and hear about you, I will know that you are standing firm in one spirit, striving side by side with one mind for the faith of the gospel." (1:27). God bless you all.

*Pastor Cheryl*

## Volunteer Corner

What are you passionate about? What hobbies do you enjoy doing? However you answer those questions, those things are what makes you excited to start a new day. Have you thought about sharing those talents, hobbies, or passions with others? We all have unique gifts that give us purpose. Your gifts will bring great joy to others. Would you like to start a class or share your talents? Maybe you would like to host a game night or have an OSU party at the rec center. Call me and let's talk about how you can do that. Nita Wilkinson: 650-7146.

Meet Duke, he and Tom visit residents in health care each week. Tom is sharing his beloved pet with people who love to see them visit. I can't wait to hear about your talents and passions and how we can incorporate them at Green Hills.



Phone scams continue to be an issue. Scammers tend to target elders and prey on emotion in order to steal. Please read the attached article from the Examiner that references a local scam. Contact the Sheriff's Dept. if you receive a call and are concerned about it being a scam. Do not give out personal information or credit card information to strangers over the phone.

## "Grandparent Scam" Resurfaces in County

Written by THE BELLEFONTAINE EXAMINER STAFF

Deputies of the Logan County Sheriff's Office said today they have received several reports that area residents have been contacted by telephone in regard to a "grandparent scam." In one particular incident, a local elderly woman reported that she received a call where the caller stated that her granddaughter had been involved in a drunk driving incident and that a payment was needed to help her granddaughter avoid jail time. The scam victim said she asked to speak with her granddaughter, and the caller put a woman on the phone who identified herself as the granddaughter. The scammers also instructed her not to contact the granddaughter's mother. The victim then wired \$2,900 through Western Union to an address in Santiago, Chile. Shortly thereafter, the scammer called the woman again, requesting additional money to be wired. The victim was informed when she went to Cashland to wire money that this was a scam and she should contact law enforcement. In similar instances, victims recently have reported receiving telephone calls advising their grandchild was in trouble and needed funds sent to assist in posting bond, assisting with medical bills or covering unforeseen insurance costs. Deputies encourage area residents to pay close attention to such phone scams and to contact other family members or their local law enforcement before completing transactions with these scammers. Residents can contact the sheriff's office at 592-5731 for assistance.

<http://www.examiner.org/news/64800-grandparent-scam-resurfaces-in-county>



## Coffee Connection

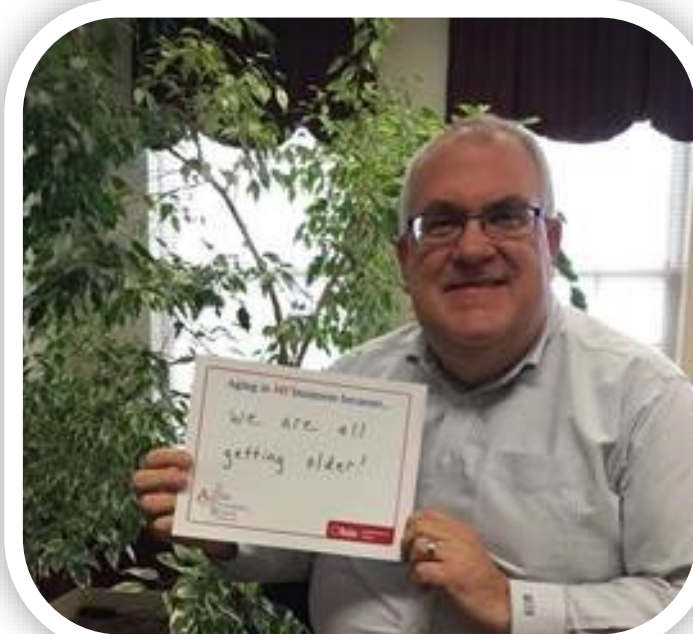
Join us for Coffee Connection every Tuesday at 9:30 in the bakery for great discussion, idea sharing and fun games. The Techy Teens come to share in our time as well. Coffee Connection is open to everyone and we would love to have you come.

**CHAPEL WILL BE HELD ON THURSDAY, MAY 5<sup>TH</sup> THIS WEEK**

## Please join us for one of our wellness classes:

**Water Fitness Class**  
M-W-F at 9AM  
T & Th at 3PM

**Tai Chi**  
M at 4PM



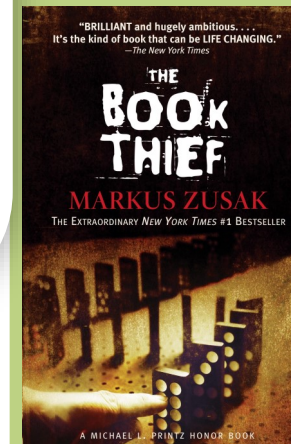
## Aging. It's Everybody's Business

The Ohio Department of Aging is promoting Older Americans Month with a new campaign; Aging. It's everybody's business. Let's fill social media with pictures like this one of Mike Ray. What will you write?

## What's on your shelf?

The book club at Green Hills Community meets from 1:30PM to 3 PM in the Chapel located in the Community Center. All readers are welcome to discuss what they liked and didn't like about the books.

**May 20 *The Book Thief* by Markus Zusak**



GERMANY 1939 - The country is holding its breath. Death has never been busier, and will become busier still. Liesel Meminger is a foster girl living outside of Munich, who scratches out a meager existence for herself by stealing when she encounters something she can't resist—books. With the help of her accordion-playing foster father, she learns to read and shares her stolen books with her neighbors during bombing raids as well as with the Jewish man hidden in her basement.

Questions? Call Rebecca at 650-7117