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OCTOBER 2016



Advent will be upon us in a few short weeks. I would like to put together an Advent Devotional book. What this devotional book will include is stories and memories of what made Christmas meaningful or special in the lives of those who make up the Green Hills Community. It can include anything from special family traditions, when you first knew the real meaning of Christmas, or why you will never forget Christmas in year ______. If you would like to contribute, please see me.

On October 13th and 27th at 9:30AM in the Chapel, we are going to be having "Green Hills Prayers". We are going to gather to lift each other up in prayer.

Pastor Ken

Green Hills helps bring "211" Information and Referral Hotline to Logan County

Just like you dial 9-1-1 for emergencies, you can now call "2-1-1" in Logan County and be connected to a live, local operator anytime of the day or night to assist you with your human service needs.

With more than 150 government, non-profit, and faith-based organizations providing much needed services in Logan County, it can be difficult to know who does what and where you can turn for help. Now, the only number you'll have to remember is "2-1-1." One free call will connect you with ALL available human services in Logan County.

Responding to a gap identified in the Community Needs Assessment, over a dozen Funding Partners have come together to bring this information and referral service to our community. This will be a valuable resource for anyone looking for help—whether it's yourself, a family member, an employee, client, or anyone who comes to your door seeking assistance. It will include a searchable, online database at www.logancounty211.org.

We thank the Logan County Board of Developmental Disabilities, Logan County Children's Services, COLCAS, Community Action Organization, Logan County Department of Job & Family Services, Logan County Family & Children First Council, Green Hills Community, Logan County Health District, Logan Acres, Lutheran Community Services, Mary Rutan Foundation, Mental Health Drug and Alcohol Services Board, Transportation Logan County, United Way of Logan County and the Access Resource Coalition for coming together on "2-1-1."



I have one life and one chance to make it count for something... My faith demands that I do whatever I can, wherever I am, whenever I can, for as long as I can with whatever I have to try to make a difference.

— Jimmy Carter

Whatever our circumstances, there is an opportunity to give. Green Hills Community is here because of people who have given so generously over the years. People who built the legacy we share today. Whether you have given time, talent, or treasure we thank you!

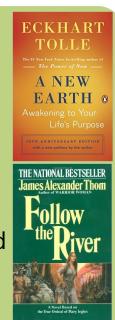
Upcoming book club meetings:

Friday, Oct. 21: "A New Earth" from Eckart Tolle

Friday, Nov. 18: "Follow the River" from James Alexander Thom

Friday, Dec. 16: title from Erma Bombeck to be determined

Meetings from 1:30 to 3PM in the Chapel



New Flu Information for 2016-2017

What's new this flu season?

A few things are new this season:

- Only injectable flu shots are recommended for use this season.
- Flu vaccines have been updated to better match circulating viruses.
- There will be some new vaccines on the market this season.
- The recommendations for vaccination of people with egg allergies have changed.

When and how often should I get vaccinated?

Everyone 6 months and older should get a flu vaccine every year by the end of October, if possible. However, getting vaccinated later is OK. Vaccination should continue throughout the flu season, even in January or later. Some children who have received flu vaccine previously and children who have only received one dose in their lifetime, may need two doses of flu vaccine. A health care provider can advise on how many doses a child should get.

What sort of flu season is expected this year?

It's not possible to predict what this flu season will be like. While flu spreads every year, the timing, severity, and length of the season varies from one year to another.

When will flu activity begin and when will it peak?

The timing of flu is very unpredictable and can vary in different parts of the country and from season to season. Seasonal flu viruses can be detected year-round, however, seasonal flu activity can begin as early as October and continue to occur as late as May. Flu activity most commonly peaks in the United States between December and March.

Can I get vaccinated and still get the flu?

Yes. It's possible to get sick with the flu even if you have been vaccinated (although you won't know for sure unless you get a flu test).

What should I do if I get sick with the flu?

Antiviral drugs are prescription drugs that can be used to treat flu illness. People at high risk of serious flu complications (such as children younger than 5 years, adults 65 years of age and older, pregnant women, people with certain medical conditions, and residents of nursing homes and other long-term care facilities) and people who are very sick with flu (such as those hospitalized because of flu) should get antiviral drugs. Some other people can be treated with antivirals at their health care professional's discretion.

Centers for Disease Control and Prevention—http://www.cdc.gov/flu/about/season/flu-season-2016-2017.htm



Trick-Or-Treat will be the last Thursday of the month, Oct. 27th. We are now accepting individually wrapped Halloween candy donations! Donations can be delivered to the Receptionist Desk or the Activity Room.



Coffee Connection is growing. Feel free to join us in the bakery at 9:30AM on Tuesdays. The Techy Teens will start coming again in October.



Walking Club

There is a new walking club that meets every Tuesday at 9AM in the bakery. Please feel free to join us!



Fall Prevention

There will be a new fall prevention class (formerly known as a Matter of Balance) coming October 5th at 4:00PM. Please call Jodi or Nancy to sign up.

Upcoming Events In Foundation Hall

Saturday, October 1st at 10:30AM: West Liberty-Salem Cheerleaders

Tuesday, October 4th at 2:00PM: Shannon Reams – Vocalist

Monday, October 10th at 7:00PM:
Mount Tabor Youth

Thursday, October 13th at 6:30PM: Mark Snow- Vocalist

Thursday, October 20th at 2:00PM:
Just Duets

Monday, October 24th at 2:00PM: Home String Dulcimers Club

Tuesday, October 25th at 6:30PM: Happy Daz Entertainment

Thursday, October 27th from 6:30-7:30PM: Trick-Or-Treat

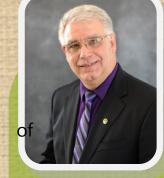
October Birthdays

Peter Crowe	Homes	4
Katherine Hemphill	Apartments	5
Robert Leininger	Apartments	6
Gertie Kuhl	Homes	7
Janice Quay	Woodside	7
Richard Webb	Center	8
James Collins	Center	8
Monty Forsythe	Inn	9
Virginia McDaniel	Center	10
Patricia Johnson	Center	11
Juanita Hone	Apartments	13
Bea Froebe	Inn	14
Robert Jackson Sr.	Center	21
Mary Dever	Center	23
Eva Downy	Apartments	25
Carol Edgecomb	Homes	25
Metta Webb	Center	28
Barbara Hartzler	Center	29
David Hostetler	Homes	31



Front Porch News

Encouragement



Pastor Ken Neighoff Chaplain

Several years ago the rage of the TV game show world was the program, "Are You Smarter Than A 5th Grader." Curiosity got the best me, instantly I was addicted. After a few episodes, how I wished I never heard of that program. Some days I was smarter than a 5th grader, other days I needed to go back to school.

Suddenly a strange thought entered my mind, if I am not smarter than a 5th grader, then on what am I going to base the value of my life.

I had always considered myself a good student now doubts entered my mind.

It is amazing how God brings people across your path at just the right moment, to provide a word of encouragement. Can you remember times when at just the right moment, a card, a letter, a phone call, or even a person crossed your path and God used them to encourage you, to lift your spirits, to help you see beyond the horizon?

As we sat there in the coffee shop, my friend handed me a piece of paper and asked me to read it. As I unfolded the paper, at first, I thought I might need a new pair of glasses. Then something marvelous happened. A smile, then laughter refreshed a weary spirit.

This is what was on the paper:

"Aoccdrnig to a rscheearch at Cmabrigde Uinervtisy, it deosn't mttaer in waht oredr the ltteers in a wrod are, the olny iprmoatnt tihng is taht the frist and lsat ltteers be at the rghit pclae. The rset can be a toatl mses and you can sitll raed it wouthit porbelm. Tihs is bcuseae the huamn mnid deos not raed ervey lteter by istlef, but the wrod as a wlohe."

Suddenly the light bulb went off, I may not be smarter than a 5th grader, but I am fearfully and wonderfully made (see Psalm 139:14), and so are you!

Pastor Ken